

## Coconut Can Percussion

Adapted by Liz Prohaska from an idea she learned at RiverTunes  
<http://rivertunes.net/>

### Materials

Coconut Water Can or Similar Ribbed Can  
9" Balloon (Beware latex allergies.)  
Rubber Bands  
Dried Beans or Rice (lentils, dried peas, black beans, etc)  
Tape  
Bamboo Chopstick  
Scissors  
Funnel



### Instructions

- 1) Drink the coconut water or have a friend drink it!
- 2) Rinse out the can and let it dry.
- 3) Partially fill the can with dried beans or rice using the funnel.
- 4) Tape over the opening in the can to keep the beans/rice inside.
- 5) Cut the nozzle off the balloon and stretch it over the top of the can.
- 6) Secure the balloon with one or two rubber bands stretched around top of the can.
- 7) Decorate the can using colorful tape but leave some of the ribbed can exposed.
- 8) Use another rubber band to secure your chopstick when not in use.

### To Play

Shake it this way and that, tap different parts of the can with the chopstick, or run the chopstick along the ribbed part of the can. When shaking the can, move your arm at the elbow only for the best sound. Don't move your wrist. Have your students experiment to observe the difference.