7 ESSENTIAL LIFE SKILLS

PerspectiveTaking

This involves figure out what others think and feel. It forms the basis of childrenunderstanding their parents', teachers', and friends' intentions.

Communicating

This involves much more than understanding language, speaking, reading, and writing - it is the skill of determining what one want to communicate and realizing how our communications will be understood by others. Con

Making Connections

This involves figuring out what's the same, what's different, and sorting these things into categories. Making unusual connections is at the core of creativity.

Self-Directed, Engaged Learning

Focus &

Self Control

This involves paying

exercising self control.

attention, remembering the

rules, thinking flexibly, and

This involves becoming a lifelong learner. It is through learning that we can realize our potential.

Taking on Challenges

This involves the willingness to take on challenges, instead of avoiding them or simply coping with them, to do better in school and in life.

Critical Thinking

This involves the ongoing search for valid and reliable knowledge to guide beliefs, decisions, and actions.



Adapted from the book, Mind in the Making

To learn more about the STEMAZing Project visit STEMAZing.org